

Hot Lunch October 2023

Fill out and return with payment to teacher, office or cafeteria

Make cheques payable to Red Deer Catholic Regional Division #39

If your child will be absent, please call the Cafeteria to cancel lunch and a credit voucher will be issued. Upon failure to cancel the preorder, no credit will be issued.

Name: _____

Class: _____

Parent Contact# _____

Questions?? Call 403-347-7830 to cafeteria between 9 & 10:30 am

Date Oct	Daily Special	Everyday Menu Items	Price	Milk or Water 0.75 Circle Choice	Add Smoothie \$2.00	Total
Mon 2	Grilled Cheese or Pizza Bagel (Circle Choice)		\$3.50	Milk Water		
Tues 3	Beef Quesadilla		\$5.00	Milk Water		
Wed 4	Chicken Fettuccini		\$5.00	Milk Water		
Thurs 5	Turkey Wrap (Cucumber, Cream Cheese, Lettuce)		\$5.00	Milk Water		
Tues 10	Beef, Refried Beans, Rice & Cheddar Burrito		\$5.00	Milk Water		
Wed 11	Baked Spaghetti with Meat Sauce		\$5.00	Milk Water		
Thurs 12	Cheesy Meatball Sub		\$5.00	Milk Water		
Fri 13	Breakfast Pizza (Scrambled Eggs, Hollandaise Sauce, Bacon & Cheese) OR Perogies and Sausage (Circle Choice)		\$5.00	Milk Water		
Mon 16	Egg Roll & Chow Mein Noodles		\$5.00	Milk Water		
Tues 17	Chicken Taco		\$5.00	Milk Water		
Wed 18	Pizza Macaroni		\$5.00	Milk Water		
Thurs 19	Bacon Cheeseburger		\$5.00	Milk Water		
Fri 20	Pork Fried Rice Box		\$5.00	Milk Water		
Mon 23	Cream of Potato Bacon Soup & Toasted Everything Bagel w/Butter		\$5.00	Milk Water		
Tues 24	Cheese Quesadilla & Side Garden Salad w/Ranch		\$5.00	Milk Water		
Wed 25	Stroganoff Meatballs & Egg Noodles		\$5.00	Milk Water		
Thurs 26	Crispy Chicken Sub w/Cheese		\$5.00	Milk Water		
Mon 30	Shepherds Pie		\$5.00	Milk Water		
Tues 31	Beef Nacho Melt		\$5.00	Milk Water		

Everyday Menu Items

Caesar Salad (Small) - \$3.00

Cheese Pizza - \$4.00

Pepperoni Pizza - \$4.50

Cheese Quesadilla - \$3.50

Chicken Quesadilla - \$4.00

Chili and Nachos - \$4.50

Grilled Cheese - \$3.50

Perogies - \$4.00

Pizza Bagel - \$3.50

Chef Salad - \$4.50

Voyageur Cookie - .50 cents

Muffin - \$1.50

Yogurt Parfait - \$1.50

Small Chicken Noodle Soup - \$3.50

Tortilla Chips & Salsa - \$1.50

Grand Total \$ _____ (enclosed)

Fruit Smoothie

Flavors

\$2.00

Mango Tango
Bungee Jump
(Strawberry/Kiwi)
Vanilla Very Berry

Peach Freeze
Strawberry/Banana *NEW*
Creamsicle
Smoothie of the Week