



ÉCOLE CAMILLE J. LEROUGE SCHOOL

WEEKLY PARENT NEWS

“Be Strong, Be Brave, Be Fearless, You Are Never Alone”

“Sois fort, sois courageux et n’aie pas peur, Dieu est toujours avec toi.”

The Weekly Parent News is posted weekly on our website (www.camilleschool.ca) under News - Parent News!

This week at Camille:

Monday, January 17 - Day 2

7:00 pm - School Council Mtg

Tuesday, January 18 - Day 3

7:00 pm - EDGE - Space and Sea Trivia Night (Virtual)

Wednesday, January 19 - Day 4

Thursday, January 20 - Day 5

Friday, January 21 - Day 6

Mon/Wed Kindergarten Classes In

This Month at Camille:

January 27 - Elementary Award Recognition

January 27 - Ski Club

January 31 - Teacher PD - No school for students

Kindergarten/Pre-K Registration 2022-2023 School Year

École Camille J. Lerouge School offers a unique playful early learning environment rooted in the Catholic faith. Your child's future success starts with a strong foundation built through discovery and exploration.

Our school district offers a Pre-Kindergarten Program and French Immersion Kindergarten Program for students in a safe learning environment. Our caring and compassionate teachers honour your child's interests and invest in giving them a unique and unforgettable first school experience.

Registration forms can now be filled out and parents and guardians can register online at <https://www.camilleschool.ca/registration>.

Kindergarten French Immersion Parent Information

Please see the attached pamphlet for information on Kindergarten French Immersion:

[Kindergarten FI Parent Info Pamphlet](#)

Move Your Mood Program

The Alberta Health Services Move Your Mood program is proud to share the upcoming February Family Challenge. The challenge is open for all families to join. There will be 4 weeks of great ideas to be a healthy and connected family, and there are fun prizes to be won!

Register between January 17- January 28 at www.sparcreddeer.ca. SPARC will also be advertising on our social media (Facebook, Instagram and Twitter) if you'd like to share and follow from there.

School Fees

School fees are only for: Gr 5 Music (\$10), Gr 6-9 Options (\$20), and transportation fees, for those living less than 1.6 km, and between 1.6 and 2.4 km from the school. These fees were due in September.

Payment for fees can be sent to the office with your child or you can come by the office, Monday-Friday, 8 am-4 pm, with payment in cash, credit card or cheque (made payable to RDCRS). **Second notice emails** have been sent home.

Voyageurs News

Our Camille athletics are back and ready to go... Please check our athletic calendar for up to date practices and games.

Effective immediately, for home games hosted in our gym, we ask that you follow these guidelines - the changes are bolded:

- 1 spectator per athlete will be allowed to watch
- Each spectator in the gym will be masked for the duration of the game
- No spectators from the visiting team will be permitted to watch
- League play only, tournaments have been suspended
- All groups of people must be socially distanced (6 feet apart)

Workshops

FREE PARENT WORKSHOP



**There are 40...how many does
your child have?**

Learn about the 40

Developmental Assets!

**When your child has more assets,
it can help them grow up caring,
healthy and responsible.**

DATE: February 1, 2022

TIME: 12:00 to 1:00pm

LOCATION: Virtual Zoom Session



REGISTER by January 31st
www.sparcreddeer.ca

HeartMath® Workshop

Stress affects people physically, mentally, and emotionally. Since the onset of COVID-19, many Albertans have identified feeling stressed. This free introductory course includes a basic discussion of stress plus looks at different ways to manage stress, including two HeartMath® breathing techniques.

The program is co-sponsored by Alberta Health Services and Red Deer Public Library.

Be sure to pick up a '[Make a Heart' Kit to Go](#), available February 8 (while supplies last!).

Register here:

<https://rdpl.bibliocommons.com/events/61d5215d8a5e404100b8d3e7>

Previous News:

Cold Weather

We remind our students to dress for the weather. All students will be outside for all recess breaks unless the weather is colder than -25 degrees with the wind chill, according to the Environment Canada website. If the weather is colder than -25 the doors will be opened at 8:25 am for morning drop off and students will remain inside for their recess breaks.

FREE All-Access Family Recreation Pass

At Camille, we are so excited for the opportunity to provide our students and their families with free access to the recreation centres in partnership with the City of Red Deer! **Sign out** our ***Family ALL Access Recreation Pass**, available for *all* families to borrow and valid for *all* [drop-in activities](#), at *all* of the city's recreation centres.

To borrow the Family Recreation Pass and to check availability, fill out an appointment slot on the **ECJL [Family Recreation Pass Booking Calendar](#)**. In the notes section, you must indicate the full name of your child who will be picking it up at the Learning Commons.

The pass will be signed out on a first come first served basis and must be **returned within 24 hours for the next booking** (ex. Signed out Monday and returned the

next day, Tuesday morning). If the pass is signed out on a Friday it can be used for the weekend and returned Monday. If you would like to sign it out for two consecutive weekdays, you will need to make two consecutive bookings. Read our full letter [here](#).

Please familiarize yourself with the City of Red Deer's [Provincial Restriction Exemption Program](#) before booking.

Kal Tire High Five Fundraiser

Community Partnership ECJL was approached by Kal Tire as a community partner to offer Camille a unique fundraising opportunity. Kal Tire runs a “High Five” program which benefits community clubs, organizations and schools **For every purchase made, at any Kal Tire store in Red Deer, a donation of 5% will be given back to our school community.** These donations will be used to enhance our technology, athletics and French learning materials for students. MERCI BEAUCOUP to Kal Tire for this amazing opportunity - we are grateful for your support! Please see the attached [flyer](#) for more information.

Nutrition Program

Our school has a **nutrition cart program** which is funded through our school nutrition grant. This program runs during the morning snack/locker break. Every day there are 2 options provided to all students, which includes yogourt cups, cheese strings, apple sauce cups, granola bars, fruit cups, cereal bars, squeeze pouch applesauce, yogourt tubes, and fresh fruit.

This is a universal nutrition program, *all students kindergarten to grade 9* may access it. However, we do encourage students to consider what nutritious snacks such as fruit, cheese, vegetables, or yogurt they (or their caregivers) have already packed in their lunch kit for that day. *We do not want students wasting any fresh foods that you have purchased and packed for them.* Please speak to your children and encourage them to access what they need.

For families with financial needs, we also offer a subsidized breakfast program through our cafeteria and partner with the Mustard Seed to provide bagged school lunches. Contact julie.masson@rdcrs.ca by email or at 403-896-0992 if you have any questions about these programs.

If you're looking for lunch packing tips, check out these guides [Guide de la boîte à lunch en français](#) & [Lunch Packing Guide](#). For more parenting tips and information about health habits that support mental and physical wellness visit <https://www.rdcrs.ca/download/354928>.

School Website: www.camilleschool.ca

School Phone #: 403-347-7830