

# Hot Lunch September 2022

Fill out and return with payment to teacher, office or cafeteria

Make cheques payable to Red Deer Catholic Regional Division #39

If your child will be absent, please call the Cafeteria to cancel lunch and a credit voucher will be issued. Upon failure to cancel the preorder, no credit will be issued \*\*\*Please Note Price Changes\*\*\*

Name: \_\_\_\_\_

Class: \_\_\_\_\_

Parent Contact# \_\_\_\_\_

**Questions?? Call 403-347-7830 to cafeteria between 9 & 10:30 am**

Date Sept	Daily Special	Everyday Menu Items	Price	Milk or Water 0.75 Circle Choice	Add Smoothie \$2.00	Total
Mon 12	Grilled Cheese or Pizza Bagel (Circle Choice)		<b>\$3.50</b>	Milk    Water		
Tues 13	Beef Taco		<b>\$5.00</b>	Milk    Water		
Wed 14	Tomato Tortellini		<b>\$5.00</b>	Milk    Water		
Thurs 15	Meatball Marinara Sub		<b>\$5.00</b>	Milk    Water		
Fri 16	Lg. Chili and Nachos		<b>\$5.00</b>	Milk    Water		
Mon 19	Chicken Noodle Soup & Cheese Bun		<b>\$5.00</b>	Milk    Water		
Tues 20	Taco Salad		<b>\$5.00</b>	Milk    Water		
Wed 21	Lasagna OR (Circle Choice) Grilled Ham & Cheese w/Fruit Cup		<b>\$5.00</b>	Milk    Water		
Thurs 22	Chicken Bacon Ranch Sub		<b>\$5.00</b>	Milk    Water		
Mon 26	Vegetable Spring Rolls and Rice		<b>\$5.00</b>	Milk    Water		
Tues 27	Chicken Quesadilla OR (Circle Choice) Chicken Taco Melt		<b>\$5.00</b>	Milk    Water		
Wed 28	Fettuccini Alfredo		<b>\$5.00</b>	Milk    Water		
Thurs 29	Roast Beef Melt Sub		<b>\$5.00</b>	Milk    Water		

**Grand Total \$ \_\_\_\_\_ (enclosed)**

## Everyday Menu Items

Caesar Salad (Small) - \$3.00  
Cheese Pizza - \$4.00  
Pepperoni Pizza - \$4.50  
Cheese Quesadilla - \$3.50  
Chicken Quesadilla - \$4.00  
Chili and Nachos - \$4.50  
Grilled Cheese - \$3.50  
Perogies - \$4.00  
Pizza Bagel - \$3.50

Chef Salad - \$4.50  
Voyageur Cookie - .50 cents  
Muffin - \$1.50  
Yogurt Parfait - \$1.50  
Small Chicken Noodle Soup - \$3.50  
Tortilla Chips & Guacamole - \$1.50  
Tortilla Chips & Salsa - \$1.50

## Fruit Smoothie

### Flavors

**\$2.00**

Mango Tango  
Bungee Jump  
Strawberry/Kiwi  
Vanilla Very Berry

Peach Freeze  
Choc/Strawberry/Banana  
Creamsicle  
Smoothie of the week